



TOWN SPORTS INTERNATIONAL

New York Sports Clubs to Open Gyms to All This Weekend, Pledges Donation to The Trevor Project

August 9, 2019

NEW YORK--(BUSINESS WIRE)--Aug. 9, 2019-- New York Sports Clubs, Boston Sports Clubs, Philadelphia Sports Clubs and Washington Sports Clubs announced today that they will be opening their doors, free to all, this weekend, Friday, August 9 through Sunday, August 11.

This press release features multimedia. View the full release here: <https://www.businesswire.com/news/home/20190809005266/en/>



New York Sports Clubs in Manhattan (Photo: Business Wire)

“We know that a lot of people in New York, Boston, Philadelphia and DC are going to be looking for new spaces to work out, and we want to open our doors to them to come work out with us this weekend,” said Patrick Walsh, CEO of parent company Town Sports International Holdings, Inc. “We have always been about giving to the community, which is why we also allowed people to use our facilities for free during the heatwave. We strive to maintain and foster all-embracing spaces of inclusion and acceptance and want all of our members to have a sense of comfortability and acceptance the second they walk through our doors.”

For those planning to make the switch from other gyms, the sports clubs will waive all initiation fees to help offset the cost of members' cancellation fees.

New York Sports Clubs will also donate a minimum of \$10,000 to The Trevor Project, a non-profit organization dedicated to suicide prevention for the LGBTQ+ youth community.

“We admire The Trevor Project for the work they do and believe its mission and message of inclusion is aligned with our own,” Walsh said. “We want the world to be a more welcoming place, and Town Sports International is striving to play our part in making that happen.”

You can find all participating locations at www.mysportsclubs.com.

About Town Sports International

Town Sports International Holdings, Inc. (NASDAQ:CLUB) is a diversified holding company with subsidiaries engaged in a number of business and investment activities. The Company's largest operating subsidiary has been involved in the fitness industry since 1973 and has grown to become one of the largest owners and operators of fitness clubs in the Northeast region of the United States. TSI's corporate structure provides flexibility to make investments across a broad spectrum of industries in order to create long-term value for shareholders.

About The Trevor Project

[The Trevor Project](http://www.thetrevorproject.org) is the world's largest suicide prevention and crisis intervention organization for lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people. The Trevor Project offers a suite of 24/7 crisis intervention and suicide prevention programs, including [TrevorLifeline](http://www.thetrevorproject.org), [TrevorText](http://www.thetrevorproject.org), and [TrevorChat](http://www.thetrevorproject.org) as well as the world's largest safe space social networking site for LGBTQ youth, [TrevorSpace](http://www.thetrevorproject.org). Trevor also operates an education program with resources for youth-serving adults and organizations, an advocacy department fighting for pro-LGBTQ legislation and against anti-LGBTQ rhetoric/policy positions, and a research team to discover the most effective means to help young LGBTQ people in crisis and end suicide. If you or someone you know is feeling hopeless or suicidal, our trained crisis counselors are available 24/7 at 1-866-488-7386 via chat www.TheTrevorProject.org/Help, or by texting START to 678678.

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