



February 20, 2013

Town Sports International Holdings, Inc. Announces Participation in the KeyBanc Capital Markets 2013 Consumer Conference

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. (NASDAQ: CLUB), a leading owner and operator of health clubs, today announced that management will participate in the KeyBanc Capital Markets 2013 Consumer Conference, to be held at The InterContinental New York Barclay in New York, on Wednesday, February 27, 2013. Robert Giardina, President and Chief Executive Officer, and Dan Gallagher, Chief Financial Officer, will host investor meetings at the conference.

About Town Sports International Holdings, Inc.

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 160 fitness clubs as of December 31, 2012, comprising 108 New York Sports Clubs, 25 Boston Sports Clubs, 18 Washington Sports Clubs (two of which are partly-owned), six Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 510,000 members. For more information on TSI, visit <http://www.mysportsclubs.com>.

From time to time we may use our Web site as a channel of distribution of material company information. Financial and other material information regarding the Company is routinely posted on and accessible at <http://www.mysportsclubs.com>. In addition, you may automatically receive email alerts and other information about us by enrolling your email by visiting the "Email Alert" section at <http://www.mysportsclubs.com>.

Town Sports International Holdings, Inc., New York
Investors:

212-246-6700 x 1650

Investor.relations@town-sports.com

or

ICR, Inc.

Joseph Teklits / Farah Soi, 203-682-8390

farah.soi@icrinc.com

Source: Town Sports International Holdings, Inc.

News Provided by Acquire Media