



February 20, 2014

## **Town Sports International Holdings, Inc. Announces Participation in the KeyBanc Capital Markets 2014 Consumer Conference**

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. (NASDAQ:CLUB), a leading owner and operator of health clubs, today announced that management will participate in the KeyBanc Capital Markets 2014 Consumer Conference, to be held at The InterContinental New York Barclay in New York, on Wednesday, February 26, 2014. Robert Giardina, Chief Executive Officer, and Dan Gallagher, President, Chief Operating Officer and Chief Financial Officer, will host investor meetings at the conference.

### **About Town Sports International Holdings, Inc.**

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 162 fitness clubs as of December 31, 2013, comprising 108 New York Sports Clubs, 29 Boston Sports Clubs, 16 Washington Sports Clubs (two of which are partly-owned), six Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 497,000 members. For more information on TSI, visit <http://www.mysportsclubs.com>.

From time to time we may use our Web site as a channel of distribution of material company information. Financial and other material information regarding the Company is routinely posted on and accessible at <http://www.mysportsclubs.com>. In addition, you may automatically receive email alerts and other information about us by enrolling your email by visiting the "Email Alert" section at <http://www.mysportsclubs.com>.

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