



May 29, 2013

Town Sports International Holdings, Inc. Announces Participation in the Piper Jaffray 33rd Annual Consumer Conference

NEW YORK--(BUSINESS WIRE)-- Town Sports International Holdings, Inc. (NASDAQ: CLUB), a leading owner and operator of health clubs, today announced that management will present at the Piper Jaffray 33rd Annual Consumer Conference, to be held at The New York Palace in New York, on Wednesday, June 12, 2013 at 11:15 am ET. Robert Giardina, President and Chief Executive Officer, and Dan Gallagher, Chief Financial Officer, will host the presentation.

The audio portion of the presentation will be webcast live at www.mysportsclubs.com under the Investor Relations section. An archived replay will be available two hours after the conclusion of the live event.

About Town Sports International Holdings, Inc.

New York-based Town Sports International Holdings, Inc. is a leading owner and operator of fitness clubs in the Northeast and mid-Atlantic regions of the United States and, through its subsidiaries, operated 159 fitness clubs as of March 31, 2013, comprising 108 New York Sports Clubs, 25 Boston Sports Clubs, 17 Washington Sports Clubs (two of which are partly-owned), six Philadelphia Sports Clubs, and three clubs located in Switzerland. These clubs collectively served approximately 512,000 members. For more information on TSI, visit mysportsclubs.com.

From time to time we may use our Web site as a channel of distribution of material company information. Financial and other material information regarding the Company is routinely posted on and accessible at <http://www.mysportsclubs.com>. In addition, you may automatically receive email alerts and other information about us by enrolling your email by visiting the "Email Alert" section at <http://www.mysportsclubs.com>.

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